10. CURIOUS CONVERSATIONS

A conversation is an exchange of ideas – it involves listening to what others have to say as well as sharing your own thoughts. Create these fun cards to boost your conversation skills. Gather some friends, shuffle the cards, read out the questions and take turns to answer. Be imaginative and have fun. Remember, there are no wrong answers. Be sure to listen well to each other’s ideas.

Here are some questions that you might ask...

* What is your favourite book?
* What is your favourite food?
* What is your favourite game?
* What are you enjoying most about school at the moment?
* What do you like most about the town/city/village you live in?
* What are your top interests and hobbies?
* What has been your happiest moment?
* What are you most proud of?
* What advice would you give to people so that they could feel happier?
* Who would you include on your own VIP (Very Important People) list? What makes them special to you?

BE A GOOD LISTENER

Listening is a really important happiness skill as it shows you care about and are interested in what other people are saying, not just in what you have to say! Look back to page 14 for some top tips to try.

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**BECOME A REPORTER: INTERVIEW A FRIEND**

Friendships are important for happiness. Doing fun things together, sharing your worries, celebrating your good news and learning about each other are all part of building friendships.

How much do you know about your friends?

Imagine you are a reporter for your local newspaper and ask a friend if you can interview them to find out more about them.

**CREATE AND MAKE**

You will need:
- A4 sheet of card or paper
- Pencil and ruler
- Scissors
- Coloured pens

**HOW TO MAKE YOUR CARDS:**

1. Divide the A4 card into twelve equal-sized boxes.
2. Cut them out so you have twelve small cards.
3. On each card, write a question or topic to discuss with your friends. You can use the list on this page, or make up your own. The aim is that each card will start a conversation, but they can be as silly as you like!

**PAUSE FOR THOUGHT:**

What new things did you learn about your friend?

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**CURIOUS QUESTION IDEAS:**

1. If you could be any animal, what would you be?
2. Would you rather live in the future, or the past?
3. If you could give away your allowance to do good in the world, who or what would you help?
4. Would you rather go to space or to the bottom of the ocean?
5. Would you rather be an amazing painter or a brilliant mathematician?
6. If you could go anywhere in the world, where would you go?
7. Would you rather have hands for feet or feet for hands?
8. Would you rather live on a boat or in a treehouse?
9. If you could have any super power, what would it be?
10. Would you rather only be able to eat your favorite food for the rest of your life or never eat your favorite food again?
11. If you could have any pet, what would you choose?
12. Would you rather have a flying carpet or a car that can drive underwater?